

## **GOOD FAITH ESTIMATE NOTICE**

You have the right to receive a Good Faith Estimate explaining how much your mental health care will cost.

Under the law, mental health providers need to give clients who don't have insurance or who are not using insurance an estimate of the expected charges for psychotherapy services. This does not include unexpected emergency services.

You can ask your therapist for a Good Faith Estimate before you schedule a service.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises).